

Our Local Larder.

Crabs and Lobsters from Overstrand. 10 miles.

Our crabs and lobsters are caught off the North Norfolk coast near Cromer and are landed by Robert Dennis on the beach at Overstrand. The crab season runs from April (depending on the weather) through until late September. Lobsters tend to become available a little later and peak in August when there are sometimes more available than crabs.

Robert supplies shellfish to selected restaurants in the area and also has his own outlet where the public can buy from in Mundesley.