

# **Our Local Larder.**

Lamb and Mutton from Barningham Green. 3 miles.

We buy our lamb and mutton directly from the farm, which means that we know exactly where it has come from, right down to the field! It also means that we are able to use the whole animal so that there are a variety of different cuts on the menu.

Jo and Gareth Daniels supply lamb to the public at Aylsham Farmers Market (1<sup>st</sup> and 3<sup>rd</sup> Saturdays) and Aldborough on the first Sunday of the month. You can also order from them via their web site or by phone.